

The Trike Stop

One's #1 Class Daily Schedule

6:00-8:15	Classroom Stations / Free Play
8:15-8:30	Circle Time
8:30-9:00	Breakfast
9:00-9:30	Circle Time / Music & Movement
9:30-10:00	Outside / Large Motor
10:00-10:45	Art & Sensory
10:45-11:00	Circle Time
11:00-11:30	Lunch
11:30-2:00	Naptime
2:00-2:30	Wake Up / Small Motor Activities
2:30-3:00	Afternoon Snack
3:00-3:30	Outside / Large Motor Activities
3:30-5:00	Classroom Stations / Free Play
5:00-6:00	Light Evening Snack / Carpet Toys

-This schedule is an outline of what the day looks like, some activities are subject to change

- Diapers are changed / checked every 2 hours throughout the day

- Water is available to all the children throughout the day

-If a child is tired outside of "naptime" they are allowed to sleep on their nap mat in the classroom anytime when needed

****Please make sure to drop off /pick up your child before lunch or after nap.***