

# The Trike Stop Illness Policy

In order to keep The Trike Stop as healthy as possible, we need our parents help. If your child has any of the following symptoms while at home or at our center, we must ask that your child be at home.

- \* **Fever:** Temperature of 100.5 or 99.5 under the arm.
- \* **Diarrhea:** 2 or more watery stools within a 24-hour period or stools containing mucous or blood.
- \* **Vomiting:** 2 or more times within a 24-hour period or 1 time within a 24-hour period if the child appears unwell/complains of a stomach ache.
- \* **Rash/Spots:** Body rash, especially with a fever or itching (this does not apply to diaper rash). In cases of Hand Foot and Mouth we exclude children regardless of a doctor's note.
- \* **Sore Throat:** Especially with a fever or swollen glands.
- \* **Cough:** Lasting for more than one week, if they are coughing excessively or a deep horse cough.
- \* **Lice or Scabies:** Children must remain out of care until they are free of all lice and nits (eggs).
- \* **Pink Eye:** or Conjunctivitis, teary, red eyelid lining, swollen eyes and yellowish, greenish discharge. We exclude children from care regardless of a doctor's note. If your child has the bacterial version they must be excluded for 24hrs after starting medication. If your child has the viral version the child must be excluded until all symptoms are gone.
- \* **Greenish Nasal Discharge:** Lasting for more than 1 week.
- \* **Appearance:** Unusually tired, pale, lack of appetite, confusion, irritability, or inability to participate in all activities.

**\*\*If your child is sent home for any of the above they must be out of care until they are symptom free for 24 hours. A doctor's note may be provided to return to care earlier in some circumstances, if it**

**states the child is not contagious.**

It is very important that if you are called to pick up your sick child that you or someone else is here **within 20 minutes.**